

Emilio T. Arellano rec black belt essay

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Hello, I am Emilio T. Arellano. Today I come before my instructors, family and friends to test for one of my greatest accomplishments in my young life. I will be testing for my recommended black belt in Tae Kwon Do. I have been working for this accomplishment for over six years. I started taking Tae Kwon Do when I was five years old. The reason I wanted to take Tae Kwon Do was because I wanted to be like the Power Rangers that I would see on TV. I started to beg my mother and father to let me join Tae Kwon Do. Then in May of 2003 my grandma and my mom took me to Cho's Tae Kwon Do to try it out. From the beginning I loved it and I knew that it would be a great experience for me. But once I got older I joined many other sports and took breaks from Tae Kwon Do but never gave up on my dream to become a black belt.

Tae Kwon Do has helped me in my life at many different times. Tae Kwon Do has helped me at school, home and in many things including my other sports. At home it helped show me that if I respect my parents their will be rewards. It helped me in sports when we were losing never to give up until the game is over. At school it would help me by giving me the confidence to do well on a big test.

Also the Aims to Achieve have helped me. Before Tae Kwon Do I was pretty bad at bragging. Since I have started I have become more modest and humble and let other people congratulate me instead of showing them what I have done. Like if I would get a new game I would show it to everyone I knew and brag but now I let it sit in my room and have people ask me about it.

I have become very polite and Tae Kwon Do has taught me to be courteous. It helps to be courteous. I remember once I was disrespecting my friends and we got into an argument. Now that never happens because I respect all of my friends and family.

Tae Kwon Do has helped me by showing me how to know what is right from wrong. Like when my friend at school wanted to pick on a kid younger than him. I said no because my friend was much bigger and stronger than the littler kid. It gave me self control when I have been teased or bullied. Once at lunch recess there was a kid yelling at this girl. I went over to help her and he slapped me. If I wouldn't of learned to have self control I might have hit him back and could have gotten in trouble.

It has helped me by showing me how to have perseverance and not give up on a dream. I have taken many breaks but have always come back to Tae Kwon Do looking forward to the day will come when I will be a black belt. It also gave me an indomitable spirit. When I would take breaks I would be tired after them but I always wanted to come back. Tae Kwon Do also gave me confidence in whatever I do. It has taught me that I can do whatever I want to if I put my mind to it.

There have been many people that have helped me with Tae Kwon Do. First I have to thank the people that have helped me throughout my Tae Kwon Do training, Mr. and Mr.

Ferrell. Mr. and Mrs. Ferrell have not only taught me Tae Kwon Do, they also helped me improve my skills, prepare for tests and encourage me in Tae Kwon Do and my other sports.

Next, I have to thank my parents Zaymee and Michael Arellano. These two wonderful parents have encouraged me in so many ways. When football season was over my mom would ask me “When are you going to get back to Tae Kwon Do.” My dad would also encourage me and help me prepare for my Tae Kwon Do tests. The next people I would like to thank would be my grandparents Tony Arellano, Margarita Arellano and Martha Miranda. My grandparents have been very supportive of my Tae Kwon Do training. They all have taken me to Tae Kwon Do classes and gone to my tests. My grandma Martha Miranda has also been very supportive. She has not missed a single test. I would also like to thank my sister Nichole Villarreal. When I started Tae Kwon Do my sister Nichole would take me to my classes for about two to three years.

Last but certainly not least I would like to thank everybody else in my family and all the other instructors here at Cho’s Tae Kwon Do. All of my family has been very supportive and all the instructors have helped me very much with every single technique. Again I would like to thank everyone that has helped me with Tae Kwon Do. I hope you all feel the same way about me that I feel about you. Thank You.